

2025-26 MIAC Women's Swimming & Diving Athletes of the Week

02/10/2026	<u>Hailey Westrup</u>	Women's Swimming & Diving	Carleton College	Athlete of the Week
02/10/2026	<u>Izzy Uhlhorn-Thornton</u>	Women's Swimming & Diving	Macalester College	Athlete of the Week
02/03/2026	<u>Nina Schwab</u>	Women's Swimming & Diving	Carleton College	Athlete of the Week
02/03/2026	<u>Katelyn Siers</u>	Women's Swimming & Diving	Gustavus Adolphus College	Athlete of the Week
01/27/2026	<u>Hailey Westrup</u>	Women's Swimming & Diving	Carleton College	Athlete of the Week
01/27/2026	<u>Haley Zelen</u>	Women's Swimming & Diving	College of Saint Benedict	Athlete of the Week
01/20/2026	<u>Alayna McCormick</u>	Women's Swimming & Diving	St. Olaf College	Athlete of the Week
01/20/2026	<u>Julia Michalski</u>	Women's Swimming & Diving	Carleton College	Athlete of the Week
12/09/2025	<u>Nina Schwab</u>	Women's Swimming & Diving	Carleton College	Athlete of the Week
12/09/2025	<u>Haley Zelen</u>	Women's Swimming & Diving	College of Saint Benedict	Athlete of the Week
11/25/2025	<u>Annika Beck</u>	Women's Swimming & Diving	Gustavus Adolphus College	Athlete of the Week
11/11/2025	<u>Nina Schwab</u>	Women's Swimming & Diving	Carleton College	Athlete of the Week
11/11/2025	<u>Haley Zelen</u>	Women's Swimming & Diving	College of Saint Benedict	Athlete of the Week
11/04/2025	<u>Zibby Hanifl</u>	Women's Swimming & Diving	St. Olaf College	Athlete of the Week
11/04/2025	<u>Haley Zelen</u>	Women's Swimming & Diving	College of Saint Benedict	Athlete of the Week
10/28/2025	<u>Nina Schwab</u>	Women's Swimming & Diving	Carleton College	Athlete of the Week
10/28/2025	<u>Izzy Uhlhorn-Thornton</u>	Women's Swimming & Diving	Macalester College	Athlete of the Week
10/21/2025	<u>Emma Netland</u>	Women's Swimming & Diving	College of Saint Benedict	Athlete of the Week
10/21/2025	<u>Haley Zelen</u>	Women's Swimming & Diving	College of Saint Benedict	Athlete of the Week
10/14/2025	<u>Gabriella Stoudt</u>	Women's Swimming & Diving	Gustavus Adolphus College	Athlete of the Week
10/14/2025	<u>Haley Zelen</u>	Women's Swimming & Diving	College of Saint Benedict	Athlete of the Week